

1 **FINITE ELEMENT MODELING AND OPTIMIZATION OF 3D-PRINTED AUXETIC**
2 **RE-ENTRANT STRUCTURES WITH STIFFNESS GRADIENT UNDER LOW-**
3 **VELOCITY IMPACT**

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12 **ABSTRACT**

13 Additive manufacturing technologies such as fused filament fabrication (FFF) allow the
14 production of meta-structures with global properties that can be tailored to their specific
15 application. This study aims to simulate and optimize an auxetic re-entrant structure with a
16 stiffness gradient for enhanced energy absorption with low acceleration peaks under different
17 low-velocity impact conditions. For this purpose, the finite element method (FEM) was used
18 and appropriate constitutive models were fitted to static and dynamic tensile and compressive
19 data of acrylonitrile butadiene styrene (ABS) tested under various strain rates. A Johnson Cook
20 plasticity model demonstrated the best compromise between accuracy and computational
21 efficiency. A simulation strategy using explicit FEM was further developed to simulate
22 additively manufactured auxetic meta-structures under impact conditions. Good agreement was
23 observed between the model prediction and the experimentally observed structural response.
24 On this basis, a parametric optimization was implemented to enhance the energy absorption

25 capability with low acceleration peaks of a graded auxetic re-entrant structure for different
26 impact velocities.

27 **INTRODUCTION**

28 Meta-structures can be designed to exhibit mechanical, electrical, acoustic, or thermal
29 properties on a macroscopic level, that are different from those of the base materials. One of
30 the mechanical properties that can be influenced by meta-structure design is Poisson's ratio,
31 which describes the transverse deformation behavior of a material in response to longitudinal
32 loading. Most natural materials have a positive Poisson's ratio, which is governed by their
33 atomic packing density and crystal structure (Prawoto 2012); this means stretching in one
34 direction leads to contraction in the transverse directions and vice versa.

35 Auxetic metamaterials have a negative Poisson's ratio, meaning that stretching in one
36 direction leads to an expansion in the transverse directions. While made of conventional
37 materials with positive Poisson's ratio, structural mechanisms such as hinging, bending, or
38 stretching determine the overall macroscopic response that leads to a negative Poisson's ratio
39 in auxetic metamaterials (Mir et al. 2014). Further advantages of auxetic metamaterials include
40 their synclastic curvature property (D'Alessandro et al. 2018), that allows them to bend in the
41 same direction on two perpendicular planes as well as their high indentation resistance (Evans
42 and Alderson 2000). Auxetic metamaterials are anisotropic (Masters and Evans 1996) and
43 exhibit lower stiffness, compared to their constituent material due to their cellular structure
44 (Álvarez Elipe and Díaz Lantada 2012). The unconventional properties of auxetic
45 metamaterials are beneficial for a variety of applications such as sports helmets with auxetic
46 liner materials (Foster et al. 2018). Their favorable impact and energy absorption properties
47 result in reduced impact accelerations. Other examples include civil engineering applications
48 such as seismic metamaterials (Brûlé et al. 2020), biomedical applications (e.g., for blood
49 vessels) (Aksu and Tather 2018) and sensing applications, making use of negative Poisson's
50 ratios (Avellaneda and Swart 1998).

51 Favorable indentation and impact behavior for shock-absorber applications is reported
52 specifically for auxetic re-entrant structures (Li et al. 2020), due to their high energy absorption
53 performance and ability to reduce peak impact forces (Zhang et al. 2020). This is associated
54 with their dynamic deformation mechanism in which the material is progressively drawn into
55 the local loading zones as a result of their negative Poisson's ratio (Imbalzano et al. 2018; Qi et
56 al. 2017; Yang et al. 2013). Experimental and numerical investigations (Zhou et al. 2017) have
57 shown a three-stage force-displacement behavior of auxetic re-entrant structures under a
58 uniaxial compression load. These stages are I) an elastic regime (elastic bending of the cell
59 walls and the global lateral contraction due to the negative Poisson's ratio), II) a plateau regime
60 (large deformation due to bending of vertical and inclined cell walls, plastic hinging, or local
61 fracture), and III) a densification regime (frictional contact between the cell walls and
62 compaction). Masters and Evans (1996) analytically modelled flexural, hinging, and stretching
63 deformation modes in re-entrant structures to predict their basic anisotropic elastic properties
64 from the unit cell dimensions as well as the cell wall angle and wall thickness. Fu et al. (2016)
65 further showed that the in-plane shear moduli of re-entrant structures exhibit a nonlinear
66 relation to the cell wall angle and the cell length-to-height ratio. Similarly, a strong dependence
67 of the longitudinal and torsional stiffnesses on the cell wall angle was reported by Berinskii
68 (2016). Dong et al. (2019) further performed an experimental and numerical study on the
69 mechanical properties of metallic re-entrant honeycombs under quasi-static compressive
70 loading. It was demonstrated that the deformation mechanism of the auxetic structure
71 significantly depends on the wall thickness and the cell number. While thick-walled re-entrant
72 structures tend to fracture locally and homogeneously contract towards the sample center, thin-
73 walled structures were observed to contract locally and bulge out inhomogeneously on the
74 sample boundaries. The plateau stress was found to be reasonably constant and independent of
75 the negative Poisson's ratio, while, in the densification phase, the global force increase is
76 significantly amplified by the negative Poisson's ratio due to increased transverse contraction

77 that stiffens the compacted structure. In addition, it was shown that the energy absorption under
78 quasi-static compression is dominated by plastic dissipation in both thick-walled and thin-
79 walled structures, whereas a significant contribution of the elastic deformation energy is only
80 observed for thin-walled structures. With increasing effective strain, the local fracture in thick-
81 walled structures consumes up to 5% of the total dissipated energy.

82 In contrast to the quasi-static deformation behavior of auxetic re-entrant structures, their
83 dynamic response is strain-rate dependent, firstly, due to the strain-rate sensitivity of the
84 constituent material, and secondly, due to the inertia effects during dynamic loading (Zhang et
85 al. 2020). The use of a more strain-rate sensitive base material generally leads to higher plateau
86 stresses, whereas the inertia effect leads to the localization of crushing events at the loading
87 ends which results in an enhanced dynamic strength for high loading speeds (Tan et al. 2005).
88 While a more instable deformation behavior with global shear and lateral distortion is observed
89 for quasi-static loading due to the buckling of the cell walls, dynamic loading is observed to be
90 more homogeneous, featuring a layer wise collapse with negligible lateral distortion (Fíla et al.
91 2017). The dynamic deformation behavior is further reported to depend on the ductility of the
92 base material. Brittle material tends to fracture locally leading to the simultaneous collapse of
93 entire layers in auxetic re-entrant structures. In contrast, buckling-induced shear deformation is
94 observed in ductile material (Zhang et al. 2020). Imperfections in additively manufactured
95 structures further cause delamination during low-velocity impacts so that the energy absorption
96 is reduced (Yazdani Sarvestani et al. 2018).

97 Sandwich structures with auxetic cores featuring re-entrant unit-cells are reported to be
98 especially advantageous with respect to energy-absorption performance due to their layer wise
99 failure behavior under impact loads. Thereby, transmitted impact loads are smaller in auxetic
100 cores than in conventional hexagonal honeycomb cores during low-velocity impacts (Yazdani
101 Sarvestani et al. 2018). In contrast to conventional honeycomb or foam cores that fail due to
102 core shear, indentation, inter-laminar failure or face-sheet yield and wrinkle, auxetic cores adapt

103 to outer loads by buckling-induced layer wise failure that helps to redistribute stress throughout
104 the core and that enables bending of the global structure (Zhang et al. 2020). The energy
105 absorption capacity is thus increased and the peak force is reduced for increasingly negative
106 Poisson's ratios (Zhang et al. 2015).

107 Auxetic meta-structures can be manufactured at different length scales, from molecular
108 structures up to microcellular foams and other larger cellular structures such as honeycombs
109 and even larger scale structures (Evans and Alderson 2000). Generative fabrication methods
110 such as additive manufacturing (AM) can print auxetic meta-structures with an increased level
111 of complexity and minuscule features that are not achievable with conventional technologies
112 so far (Zhang et al. 2020). Therefore, optimized and more efficient meta-structure designs can
113 be tailored to a specific application to fully utilize the unconventional mechanical properties of
114 auxetic meta-structures. A widely used type of polymer-based AM technique is fused filament
115 fabrication (FFF). In FFF, the feedstock material, mostly a thermoplastic-based filament, is
116 heated above its melting temperature and deposited on the build plate layer by layer until a
117 complete part is generated (Aliheidari et al. 2017, 2018; Christ et al. 2017, 2018; Nadgorny and
118 Ameli 2018). Acrylonitrile butadiene styrene (ABS) is a ductile thermoplastic filament material
119 for general engineering applications.

120 Given the freedom to adapt the unit cell geometry (cell dimensions, length-to-height ratio,
121 and cell wall angle and thickness) and the constituent material's characteristics (elastic
122 modulus, yield stress, strain rate sensitivity, ductility, and manufacturing process), the
123 metamaterial design can be tailored to the specific requirements of each application. To
124 optimize its specific energy absorption capability for impact loads, auxetic re-entrant structures
125 need to be designed such that as much kinetic energy as possible can be dissipated by plastic or
126 viscoelastic deformation or friction. At the same time, peak forces need to be minimized for
127 applications as impact protectors (Zhang et al. 2020). Novel design methods for auxetic
128 metamaterials are still under development. These include experimental and heuristic

129 approaches. For instance, Ren et al. (2018) developed an auxetic nail through experimental
130 design variations and Wang et al. (2015) studied dual-material auxetic meta-structures
131 experimentally and numerically. More recently, topology optimization techniques have been
132 further developed to identify optimum auxetic unit cells. Zheng et al. (2020) used evolutionary
133 topology optimization to establish orthotropic auxetic unit cells. Gao et al. (2020) proposed an
134 isogeometric topology optimization approach to identify 2D and 3D re-entrant and chiral meta-
135 structures. de Lima and Paulino (2019) applied topology optimization of compliant mechanisms
136 including additive manufacturing constraints to design auxetic meta-structures. Typically, linear
137 elastic material behavior is considered for these optimization approaches. Alternatively,
138 parametric optimization varies geometrical parameters of an initially prescribed and
139 parametrized unit cell. Thereby, non-linear material behavior can also be considered which is
140 important to correctly predict the dissipated energy during impact loading. This nonlinear
141 behavior is relevant due to the viscoelastic and plastic deformations as well as sliding friction
142 and local failure. Wang et al. (2018) optimized a double-V auxetic structure made of a high-
143 ductility stainless steel alloy using a non-linear constitutive model to improve its blast energy
144 absorption capability. Beneficial energy absorption properties for a broader range of impact
145 velocities have further been found by Cui et al. (2009) for foam materials featuring a stiffness
146 gradient as implemented by a varying cell height within the meta-structure.

147 As the energy absorption capacity of cellular materials is significantly influenced by i)
148 loading conditions (i.e., loading velocities that determine the deformation modes), ii) the unit
149 cell geometry (i.e., the cell dimensions, length-to-height ratio, cell wall angle and thickness),
150 and iii) the properties of their constituent materials (Zhang et al. 2020), the goal of this work is
151 to perform a parametric optimization of an auxetic re-entrant structure to improve its energy
152 absorption characteristic by reducing peak accelerations for low impact velocities of 2 and 5
153 m/s by introducing a stiffness gradient along the loading direction of the structure. For this
154 study, the auxetic structures are manufactured by FFF using ABS material and non-linear,

155 strain-rate dependent material properties are considered for the Finite Element (FE) simulations.
156 Strategies are further presented to account for the manufacturing imperfections to more
157 realistically predict both the dynamic structural response under low-strain rate and impact
158 loading conditions using an explicit FE analysis. On this basis, a graded meta-structure is
159 derived through parametric optimization with the goal of improving its acceleration profiles for
160 two low-velocity impact scenarios.

161 **EXPERIMENTAL PROCEDURE**

162 **3D Printing of Test Specimens and Re-Entrant Structures**

163 Pure ABS pellets, grade MAGNUM 3404, were dried in a vacuum oven at 70° C for 18
164 hours under vacuum and subsequently extruded using a twin-screw extruder LTE16-40 (Lab
165 Tech Engineering Company Ltd) with a die diameter of 1.75 [mm] and three heating zones
166 (219, 256 and 217 [°C]). After extrusion, the filament was fan cooled, stretched to a diameter
167 of 1.5 [mm] and wound onto a spool.

168 The fabricated ABS filament was used to print the tensile and compressive test specimens
169 for material characterization as well as the auxetic re-entrant structures for the model validation.
170 A custom made FFF printer and Simplify3D slicing software were used. The adopted printing
171 parameters are listed in Table 1. The specimen geometries, dimensions, and print buildup
172 directions are shown in Figure 1 for the tensile and compressive specimens.

173 To assess different deformation mechanisms, auxetic re-entrant structures with three different
174 re-entrant angles, i.e. 30°, 45° and 70° were considered. Figure 2 shows the overall structure,
175 dimensions, details, and print buildup direction of the respective samples. The number of layers
176 and the cell width were kept constant so that the global height of the meta-structure varies with
177 the re-entrant angles. An in-plane print buildup was used for the auxetic meta-structures to avoid
178 the need for support structures. The same buildup direction was used for all the printed samples.

179 **Mechanical Testing of Specimens and Re-Entrant Structures**

180 Tensile and compressive tests were performed with low strain rates of 2.45×10^{-4} [-/s] to
181 1.32×10^{-2} [-/s]. The tensile tests were carried out according to ISO 527-2-1BA (“EN ISO 527-
182 2: Determination of tensile properties of plastics” 2012). Compressive tests were conducted on
183 cylindrical specimens with a diameter and a height of 20 [mm] each for material
184 characterization purposes. The print buildup direction, cf. Figure 1a, was the same as the
185 loading direction. Both experiments were performed on a Shimadzu AG-X Plus testing machine
186 with a 20 [kN] load cell. Strains were measured by video-extensometry (LIMESS Messtechnik
187 & Software GmbH). Tensile specimens were loaded until final failure, while compression
188 specimens were loaded up to 19 [kN]. In total, ten tensile tests at four different strain rates and
189 four compressive tests at two different strain rates were performed with at least two repetitions
190 per condition. The FFF printed re-entrant meta-structures for model validation, cf. Figure 1b,
191 were tested in compression under displacement control mode at a displacement rate of 5
192 [mm/min]. Depending on the re-entrant angle, this resulted in strain rates of 2.1×10^{-2} [-/s],
193 2.8×10^{-2} [-/s] or 4.3×10^{-2} [-/s]. Larger re-entrant angles resulted in larger heights of the structure
194 and therefore lower strain rates. The tests were carried out with one sample per re-entrant angle.

195 MATERIAL CONSTITUTIVE MODEL

196 Figure 3a shows the tensile stress-strain behavior of the FFF printed ABS samples at
197 different strain rates. The elongation at rupture decreases while the ultimate tensile strength
198 increases with an increase in the strain rate. The modulus of elasticity does not exhibit a clear
199 trend with strain rate and varies within $\pm 30\%$ in response to the tested strain rate range. This is
200 presumably attributed to printing imperfections, as also pointed out in (Colón Quintana et al.
201 2019). Both print orientation and imperfections can lead to significant variations in the
202 mechanical characteristics, which is not investigated further within the scope of this study.
203 Figure 3b shows the compressive stress-strain behavior of FFF printed ABS for two different
204 strain rates. The experimental data was smoothed using a moving average method as the

205 delamination of axially loaded ligaments caused noise in the force signal. Both the stiffness and
206 the viscoplastic plateau increased with an increase in the strain rate.

207 To cover both low strain rate and impact loading conditions within the FE models, a wide
208 range of strain rates was considered for the constitutive modelling of the in-plane properties of
209 FFF printed ABS. The experimental tensile and compressive data for strain rates of 1.5×10^{-4} [-
210 /s] and 1.3×10^{-2} [-/s], and 2.4×10^{-4} [-/s], respectively, was therefore complemented with
211 literature data of a high strain rate compressive test at 1.1×10^4 [-/s] for conventionally produced
212 ABS (Walley and Field 1994), cf. Figure 4. Furthermore, a Poisson's ratio of 0.36 for the base
213 material was assumed for the constitutive models (Cantrell et al. 2017).

214 On the basis of the material data given in Figure 4, a set of conventional and more
215 sophisticated constitutive models was calibrated using the commercial MCalibration software
216 Version 5.1 by PolymerFEM LLC (Bergström 2015; PolymerFEM 2020). The parameters of
217 any considered constitutive model were then optimized to minimize the normalized median
218 absolute deviation (NMAD) between the model prediction and the experimental data of stress
219 for a basic set of experiments (e.g. tensile and compression tests). The optimization algorithm
220 used by the software was a Nelder-Mead downhill-simplex method. After calibration, the error
221 was generally below 10% whereas the fit of the finally adopted Johnson-Cook model featured
222 an error below 5%. The following material models were considered and compared:

- 223 • Elastic Plastic with Combined Hardening
- 224 • Johnson Cook Plasticity, with adaption for strain dependency (Bergström 2015)
- 225 • Parallel Rheological Framework Model (Bergström 2015)
- 226 • Three Network Viscoplastic Model (Bergström 2015).

227 These constitutive models were compared on the basis of virtual tensile tests with two strain
228 rates (0.67 -/s and 6.7 -/s). For this purpose, a respective FE model was set up in Abaqus 2018
229 by Dassault Systems using both Abaqus internal implementations of the material models as well
230 as user-defined material subroutines (UMAT) included in the PolyUMod® package of the

231 MCalibration software. An explicit solver was used for all the simulations in this study in order
232 to efficiently cope with highly dynamic conditions as well as multiple self-contacts, as required
233 for the final purpose of this study to simulate and optimize re-entrant auxetic structures under
234 impact loads.

235 The simulated stress-strain behaviors for the considered material models are presented in
236 Figure 5. As expected, the Elastic Plastic model with Combined Hardening was not able to
237 represent any strain rate sensitivity while still being able to describe the softening behavior at
238 larger strains. The Three Network Viscoplastic model and the Johnson Cook model showed
239 similar behavior in terms of the ultimate tensile stresses and non-linear softening at different
240 strain rates. The Parallel Rheological Framework model on the other hand exhibited a higher
241 ultimate tensile stress at a relatively constant stress level for higher plastic strains.

242 The Johnson Cook model was finally selected for the subsequent modeling of the auxetic
243 structures because of its qualitatively comparable behavior with respect to the more
244 sophisticated Three Network Viscoplastic model and its general availability within the Abaqus
245 framework that facilitates parallel computing.

246 **MODELING OF AUXETIC STRUCTURES**

247 To verify the material model performance and in order to be able to realistically simulate
248 the global structural behavior of auxetic metamaterials, an FE model was set up based on a
249 simple regular auxetic re-entrant structure as detailed in Figure 6a. Simulative predictions were
250 compared with the experimental compression tests of the FFF printed structure. Figure 6b also
251 shows the individual parameters used in the structure optimization study as further detailed in
252 section *STRUCTURAL OPTIMIZATION OF STIFFNESS GRADIENT FOR IMPACT*.

253 **Finite Element Modeling**

254 Based on the parametrized geometry and the selected material model (Johnson Cook
255 Plasticity model), an explicit structural simulation was set up in the FE software Abaqus to
256 simulate both quasi-static displacement controlled compression (low-strain rate) and the

257 dynamic impact load cases for the auxetic re-entrant structures. As shown in Figure 7a, the
258 model was set up in 2D and the geometry was meshed with bilinear quadrilateral plane strain
259 elements (CPE4R) with reduced integration and enhanced hourglass control. At least five
260 elements were considered over the ligament thickness to appropriately cover bending, cf. Figure
261 7a. A coarser mesh, cf. Figure 7b, was later used in the simulation of impact for the parametric
262 optimization of the stiffness gradient to reduce the computational effort from 4 hours per
263 iteration to 20 min. As the acceleration profile was found to be predominantly influenced by
264 the unit cell geometry and the constituent material, this simplification is justified for practical
265 reasons. The optimized result was verified by a carefully conducted mesh study for the impact
266 simulation showing that the basic deformation mechanism was not influenced by this mesh
267 coarsening and that the maximum error in the predicted peak acceleration was less than 10%.

268 The boundary conditions implemented for the low-strain rate and dynamic impact load
269 cases of the structural model are given in Figure 8a and 8b, respectively. All contacts were
270 modeled as penalty contacts, with a friction coefficient of 0.3 (Baur et al. 2007). In order to
271 optimize the computation time (13 to 370 s) of the low-strain rate compression load case, mass
272 scaling was applied to reach a step size of 2×10^{-4} [s]. Further details on the specific changes for
273 the dynamic impact simulation for the parametric optimization is given in *STRUCTURAL*
274 *OPTIMIZATION OF STIFFNESS GRADIENT FOR IMPACT*.

275 **Regular Re-Entrant Structure: Comparison of Simulation and Experiment**

276 Figure 9 compares the global deformation characteristics of the experimental and simulated
277 low strain rate compression tests of a regular auxetic re-entrant structure with 45° angle for six
278 different strain levels. The auxetic behavior of the structure was apparent in both the
279 experimental and simulated tests at low strain levels of less than 10% in the linear elastic
280 regime. With the onset of the structural instability at higher compression levels (strain levels
281 greater than $\sim 10\%$), the initially localized instability became more global as whole layers
282 crushed. Thereby, opposing faces of the horizontal cell walls came into contact, slid on top of

283 each other and transmitted the load directly via a larger contact area. This lead to an increased
284 stiffness with ongoing compression up to a point where the structure was fully compacted and
285 a large share of internal faces was in contact turning the cellular structure to a quasi-dense
286 material.

287 Figure 10 compares the experimentally measured global stress-strain behavior to the low-
288 strain rate structural response predicted by the FE simulation for three different re-entrant
289 structures. As seen in Figure 10, the experimental data and the simulation results are in good
290 agreement in case of the structures with 30° and 45° re-entrant angles up to the densification
291 phase of the simulation. More significant differences arise, however, for the flatter 70° re-
292 entrant angle. In this case, the stress response was overestimated prior to the onset of the
293 densification regime. While qualitatively coherent, quantitative discrepancies were observed in
294 all structures during the densification phase.

295 The strong deviation in the predicted stress-strain behavior of the structure with 70° angle
296 (Figure 10) can be explained by the assumption of a perfectly homogeneous material in the FE
297 model that misses to account for the various imperfections contained in the real FFF printed
298 structures. In addition to these material imperfections, geometrical imperfections are also not
299 considered in the model. Figure 11 shows how stress builds up before the occurrence of the
300 structural instability, i.e., sideward elastic-plastic buckling of the walls. In the model, the full
301 load was transmitted via a mechanical form fit of the vertical cell walls that lead to an
302 overestimation of the structural stiffness. In the actual structure, geometric imperfections
303 prevent such a stiffening form fit, as a sideward sliding of the contacting surfaces is expected
304 to occur, which reduces the resistance of the structure toward compression. As the compressive
305 force was increased, slip was initiated in the model leading to a sudden reduction of the stress
306 level and an increase in the strain as it is apparent in the predicted structural behavior, cf. Figure
307 10. This effect dominated the response of the structure with a re-entrant angle of 70° as its larger
308 contact area promoted the occurrence of a form fit.

309 Further quantitative discrepancies in the densification phase may arise due to the local
310 delamination damage in the joints as well as strong nonlinearities resulting from the friction
311 dominated deformation behavior. Delamination was not accounted for in the FE model and the
312 accurate prediction of nonlinear friction in multiple contact areas was impeded by the rough
313 and imperfect surfaces of the FFF printed structures.

314 **Enhanced Model of Re-Entrant Structure**

315 As demonstrated in Figure 12a and 12b, the FFF printed auxetic structures with larger re-
316 entrant angles (45° and 70°) exhibit larger inner radii than their nominal values used in the FE
317 models. Image analysis of the actual printed structures using ImageJ software revealed mean
318 values of the radius (as identified by a red circle 2 in Figure 12a) of 0.31 [mm] and 0.20 [mm]
319 for the 70° and 45° structures, respectively, instead of the specified nominal values of 0.15
320 [mm]. The initial FE model thus deviated significantly from the real dimensions in the case of
321 the 70° structure. An enhanced FE model was thus setup using the actual radii of the as-printed
322 structures.

323 Moreover, some geometrical imperfections were observed in the joint regions, especially in
324 the printed structures with a 70° re-entrant angle, as identified by circle 1) in Figure 12a. The
325 actual misalignment presumably led to an earlier onset of sideward slippage in the experiment,
326 and thus to a more compliant structure, as a consequent of the absence of a force build-up due
327 to the form fit. To facilitate the onset of inherent instabilities in the presence of such defects,
328 local perturbations were introduced to the enhanced FE model by small force couples (4 N each)
329 as indicated in Figure 12b with the red arrows. The force couples were implemented as
330 concentrated forces on reference points that were coupled to all of the incident corners of the
331 re-entrant structure. They were activated only temporarily over an estimated time period
332 required for the incident corners of the re-entrant structure to establish their contact. It is noted
333 that the structure was kept in equilibrium, i.e. the global resulting force and moment due to the
334 perturbation were zero. Locally, however, earlier sideward slippage of the contacting faces was

335 initiated so that the elastic-plastic buckling of the cell walls could occur prior to the formation
336 of a form fit with the associated stiffening of the structure. This approach is especially practical,
337 as the deformation behavior can be modelled more realistically without having to implement
338 the actual geometrical imperfections of the printed structure.

339 The radius corrections for the structures with 70° and 45° re-entrant angles and the
340 introduction of a perturbation to the 70° structure leads to a significant improvement in the
341 model predictions and better agreement with the experimental results during the instability
342 phase, cf. Figure 10 (initial model) and Figure 13 (enhanced model). To account for the
343 delamination effects and to further improve the predictions at the densification regime, a
344 damage model needs to be implemented in future work.

345 **STRUCTURAL OPTIMIZATION OF STIFFNESS GRADIENT FOR IMPACT**

346 **Structural Optimization Model**

347 Energy absorbent structures need to convert kinetic energy into elastic, viscoelastic, and
348 plastic deformation or dissipate energy as heat (frictional deformation, fracture / delamination)
349 effectively at a range of impact velocities while keeping the acceleration peaks as low as
350 possible. Appropriately designed stiffness gradients in impact direction can mitigate the
351 consequences of an impact more effectively for a wider range of velocities as volumes of
352 varying stiffnesses react differently to different impact energies (Cui et al. 2009).

353 With the goal to improve the energy absorption characteristic of an auxetic re-entrant
354 structure by minimizing the peak accelerations that occur for low-velocity impacts, a parametric
355 optimization was set up. The structure was then optimized for two equivalently prioritized
356 impact scenarios involving an impacting mass of 0.4 [kg] with the velocities of 2 [m/s] and 5
357 [m/s], which were equivalent to kinetic impact energies of 0.5 [J/mm] and 5 [J/mm],
358 respectively. An attenuation of acceleration peaks was to be accomplished by implementing a
359 stiffness gradient along the impact direction.

360 To realize a stiffness gradient, the geometry of an auxetic re-entrant structure with four
361 layers and variable height was parametrized by five geometrical parameters, cf. Figure 6b, as
362 listed below:

- 363 - layer height difference x that determines the unit cell height gradient according to
364 $h_1 = h_2 + x = h_3 + 2x = h_4 + 3x$ (with h_i being the height of layer $i = 1$ to 4)
- 365 - contact distance y , i.e., the minimum vertical distance between the layers, which
366 was kept constant for each layer
- 367 - inner radius of the incident corners, which determines the rotational stiffness of the
368 inclined walls
- 369 - width of the unit cell, which was kept constant at 5 [mm]
- 370 - wall thickness of the unit cell, which was kept constant at 0.5 [mm])

371 A preliminary sensitivity analysis revealed significant dependencies of the peak accelerations
372 on the layer height difference x and the contact distance y , which together result in a variation
373 of the cell wall angle over the height of the re-entrant structure. Furthermore, the inner radius
374 appears to have a minor effect on the peak acceleration. In order to reduce the geometric
375 parameters for the optimization, the inner radius was set to 0.2 [mm], the wall thickness was
376 set 0.5 [mm] and the width of the unit cell was kept constant at 0.5 [mm]. So, finally, two
377 parameters were considered for the structural optimization: 1) the layer height difference x , and
378 2) the contact distance y .

379 Thus, the optimization problem aimed to minimize an objective function as in Eq. (1) that
380 is subject to constraints of (2) – (7). The objective function was the weighted sum of the peak
381 accelerations that result from the impacts with 5 and 2 [m/s], i.e., $a_5(x, y)$ and $a_2(x, y)$,
382 respectively. To ensure equal consideration of both impact velocities in the optimized solution,
383 a weighting factor of $w = 6.25$ [-] was implemented that corresponds to the ratio of the kinetic
384 energies of the respective impact scenarios. Additionally, the peak accelerations were limited

385 to greater than 1000 [mm/s²], i.e., constraints (2) and (3), in order to prevent the optimization
 386 toward invalid parameter sets, and the two geometric parameters need to be within the range
 387 $x = [1 \text{ mm}, 2\text{mm}]$ and $y = [0.5 \text{ mm}, 2\text{mm}]$, i.e. constraints (4) to (7).

$$\min \{a_5(x, y) + w * a_2(x, y): x, y \in \mathbb{R}\} \quad (1)$$

$$1000 \leq a_5(x, y) \quad (2)$$

$$1000 \leq a_2(x, y) \quad (3)$$

$$x_{min} \leq x \quad (4)$$

$$y_{min} \leq y \quad (5)$$

$$x \leq x_{max} \quad (6)$$

$$y \leq y_{max} \quad (7)$$

388 The optimization was set up in SIMULIA Isight. In order to ensure both an effective global
 389 search for an optimum design point as well as an efficient local optimization, a combination of
 390 an Evolutionary and a Hooke-Jeeves algorithm was applied. The design space was initially
 391 explored via the Evolutionary algorithm to find local minima. These intermediate results were
 392 subsequently optimized using a focused local search using the Hooke-Jeeves algorithm. The
 393 optimization interrupted when no significant change of the objective function was detected
 394 upon unit change of the parameters.

395 **Modeling of Structures under Impact**

396 The finite element model was set up in Abaqus Explicit, analogous to the model used for
 397 the low-strain rate compression testing of the regular auxetic re-entrant structure as described
 398 above. As shown in Figure 8b, the impact loading was applied by impacting a planar rigid body
 399 surface with prescribed initial velocity according to the two impact scenarios, i.e., 5 [m/s] and
 400 2 [m/s], and given an effective mass of 0.4 [kg/mm] per unit thickness of the meta-structure,
 401 i.e. 15 [mm].

402 As described in section *Finite Element Modeling*, the expected high number of iterations in
403 the parametric optimization implies the use of a coarser mesh in order to reduce the computation
404 times. The mesh size influences the computation time in two ways: 1) through the number of
405 degrees of freedom of the system; and 2) through the shock wave traveling time within an
406 element influencing the applicable time increments in explicit simulations.

407 Carefully conducted mesh sensitivity studies implied that the number of elements over the
408 wall thickness can be reduced from 5 to 2 elements, cf. Figure 7b, without significant loss of
409 accuracy (less than 10% deviation in the predicted peak accelerations) and without affecting
410 the deformation modes. Thereby, the number of degrees of freedom is reduced significantly so
411 that the calculation times can be brought down by a factor of 12. Subsequent to the optimization
412 with the coarse mesh, a verification of the optimized solution was also performed using a fine
413 mesh to confirm the reduced peak acceleration.

414 In order to reduce the number of increments that need to be solved for a load case, the
415 applicable time increments need to be increased for explicit simulations. For this purpose, the
416 shock wave traveling time within an element needs to be increased by mass scaling. The
417 addition of an artificial lumped mass in an element thereby increases the shock wave travelling
418 time and therefore the applicable time increments of the explicit simulation. Care must be taken
419 to assure that the dynamic structural response is not affected by the addition of the lumped mass.
420 To verify the validity of the approach, a sensitivity study was performed to check the artificial
421 mass for the coarse mesh. As a result, a reasonable compromise between the accuracy and the
422 computation time was found for a mass scaling with 0.078 % of the added mass allowing for
423 maximum time increments of 10^{-7} [s], cf. Figure 14. While further addition of mass lead to
424 longer applicable time increments of 5×10^{-7} [s], the resulting errors of the predicted peak
425 accelerations were around 25 % and therefore not acceptable.

426 Both the use of a coarse mesh and the utilization of a mass scaling are justified for practical
427 reasons to speed up the optimization process. As the geometrical parameters are expected to

428 dominate the resulting peak accelerations, the effect of these simplifications are judged to be
429 negligible.

430 **Optimization Results**

431 The global optimization using the Evolutionary algorithm did not show a clear trend
432 towards a distinct optimum solution indicating that the optimization problem was ill-
433 conditioned, i.e. the constrained objective function was not smooth and multiple local minima
434 existed. Therefore, several local optima were identified and further optimized using the Hooke-
435 Jeeves algorithm. Table 2 summarizes the baseline, initial and optimized parameters of the best
436 local optimization.

437 Figure 15 compares the acceleration profiles of the two impact scenarios for the optimized
438 and the regular (baseline) auxetic re-entrant structure as simulated using a fine mesh. The
439 optimized re-entrant structure with stiffness gradient reduced the acceleration peak for impacts
440 with 2 [m/s] by 46 %, while it increased the peak by 28 % in the case of the faster impacts with
441 5 [m/s] with respect to the baseline geometry. This change of the structural response can be
442 explained by the height gradient of the different layers, resulting in the targeted stiffness
443 gradient (Cui et al. 2009).

444 Figure 16 and Figure 17 compare the deformation behavior of a) the optimized re-entrant
445 structure with stiffness gradient with b) the regular re-entrant structure (baseline) for impacts
446 with 2 [m/s] and 5 [m/s], respectively. For the low impact velocity of 2 [m/s], the stiffness
447 gradient caused a defined gradual layer wise collapse of the structure from top (larger cell
448 heights) to bottom (smaller cell heights) whereas the bottom layer did not appear to collapse
449 fully, cf. Figure 16a. In contrast, the collapse of the layers in the structure without stiffness
450 gradients was rather randomly localized but still uniform, cf. Figure 16b. For the higher impact
451 velocity 5 [m/s], the layer wise deformation in the early stage of the impact was not only
452 confined to the top layer but further layers with smaller cell heights were already affected, cf.
453 Figure 17 a). Thereby, a more homogeneous compaction through collapse and compaction of

454 all layers was observed at earlier stages, compared to the case of the lower impact velocity. The
455 regular re-entrant structure, in contrast, exhibited stronger localization and collapse of all layers
456 at an early stage whereas the optimized structure still featured an intact elastically deforming
457 layer at the bottom. This indicates that the implementation of a stiffness gradient can be used to
458 better accommodate for wider impact ranges. The optimization of the layer height difference
459 and distance between layers presented here, resulted in an improved design for slower impacts.
460 A shift to better absorb impacts of higher velocities can be realized by decreasing the weight
461 factor in the objective function (1), thereby prioritizing higher velocity impacts.

462

463 The acceleration response of a mass impacting the optimized structure at various velocities
464 is shown in Figure 18. The peak accelerations for 1, 2 and 3 m/s are comparable, while the
465 impacts with 4 and 5 m/s lead to excessive accelerations. This indicates that the optimized
466 structure presented here reaches its limits for these cases as it is fully compressed and exhibiting
467 excessively stiff mechanical behavior during these impact situations, as also seen in Figure 17a.
468 This is a consequence of the full compaction of the structure such that it behaves comparatively
469 stiff and similar to a bulk material. To improve the design of this graded structure, additional
470 layers, e.g., with thicker walls or a layer of a stiffer foam could be included to improve the
471 absorption behavior for higher kinetic energies.

472 **CONCLUSION**

473 A dynamic explicit FE model was established for the simulation of auxetic re-entrant
474 structures under low-velocity impact conditions. For this purpose, different constitutive models
475 were calibrated and compared for a range of strain rates. A Johnson-Cook type model was found
476 to effectively represent the material characteristics while featuring decisive computational
477 advantages. Good agreement was obtained between the simulated and experimental stress
478 values for the compressive deformation characteristics of auxetic re-entrant structures with
479 different angles in the elastic and instability phases of the response. Deviations in the

480 densification phase of the deformation were attributed to delamination processes that are not
481 accounted for in the model. Further improvement of the FE model was achieved for higher re-
482 entrant angles by considering the printing imperfections via correction of the inner radii, and
483 by accounting for the geometrical imperfections through local perturbations that allow for an
484 earlier onset of buckling in the instability phase.

485 The established dynamic explicit simulation allowed the modeling of low velocity impacts
486 and strain rate dependent deformation behavior. This simulation was used for a parametric
487 optimization of an auxetic re-entrant structure with stiffness gradient with the goal to minimize
488 peak accelerations during two low velocity impact scenarios. The results of the parametric
489 optimization showed that a stiffness gradient enhances the energy absorption performance of
490 meta-structures with auxetic properties at different impact velocities. Computationally
491 optimized simulation models in combination with appropriate optimization algorithms have a
492 large potential as automatized tools for the simulation driven design of mechanical and physical
493 properties of metamaterials.

494 **DATA AVAILABILITY STATEMENT**

495 All data, models, or code that support the findings of this study are available from the
496 corresponding author upon reasonable request.

497 **ACKNOWLEDGEMENTS**

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615 re-entrant deformation style.” *Materials Science and Engineering A*, Elsevier B.V.,
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617

618

619 **CAPTIONS**

620 Figure 1. Technical drawing of a) dog bone specimen for tensile test according to EN
621 ISO5272 and b) cylindrical specimen for compressive test.

622 Figure 2. Technical drawing of the auxetic re-entrant structure with an inner angle of 45° .

623 Figure 3. Representative stress-strain response of printed ABS samples loaded at different
624 strain rates: a) tensile loading and b) compressive loading (stresses and strains as
625 absolute values).

626 Figure 4. The data set used in the calibration of the material constitutive models.

627 Figure 5. Comparison of the various calibrated constitutive models at two different strain
628 rates.

629 Figure 6. a) Simple regular auxetic re-entrant samples for quasi static model verification
630 (variable angle marked in red) and b) auxetic re-entrant geometry used for the
631 optimization of stiffness gradient, with the individual optimization parameters.

632 Figure 7. Mesh of one unit cell for a) the quasi static model (geometry with an angle of 30°)
633 and b) the dynamic model for the stiffness gradient optimization.

634 Figure 8. Sketch of the applied boundary conditions for a) the quasi static displacement-
635 controlled loading and b) the dynamic loading.

636 Figure 9. Comparison of the a) experimental and b) simulated compression test results of the
637 simple regular auxetic re-entrant structure with 45° angle at six different strain
638 levels.

639 Figure 10. Comparison of the stress-strain behavior obtained from the regular finite element
640 prediction and the experimental compression tests for the structures with three
641 different re-entrant angles.

642 Figure 11. FE model of the structure with an angle of 70° at a strain of 15%. The von Mises
643 stress contours show an increase in the stress due to a form fit creating a direct load
644 paths at the onset of contact.

645 Figure 12. a) Visible imperfections (circle 1) and 2)) and bigger radii (circle 2)) of the printed
646 70° structure and (b) force couples introduced to the FE model to induce early
647 instability.

648 Figure 13. Comparison of the stress-strain behaviors obtained from the enhanced finite
649 element prediction and the experimental compression tests for the structures with
650 three different re-entrant angles.

651 Figure 14. The effect of three different time steps on the acceleration profiles of the re-entrant
652 structures with incorporated mass scaling to reduce computation time.

653 Figure 15. Comparison of the optimized structure to the baseline accelerations under 5 m/s
654 and 2 m/s impact velocity.

655 Figure 16. Simulated impact at 2 m/s on a) optimized and b) baseline re-entrant structure.

656 Figure 17. Simulated impact at 5 m/s on a) optimized and b) baseline re-entrant structure.

657 Figure 18. Plot of reaction accelerations under various impact velocities.

658

659 **TABLES**

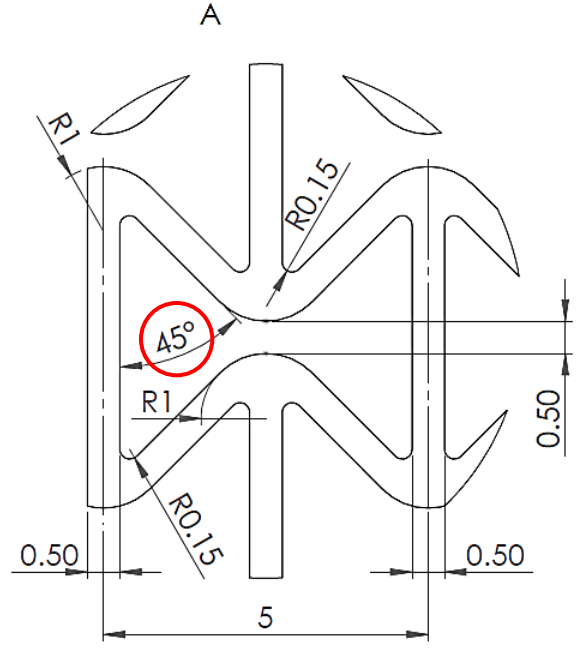
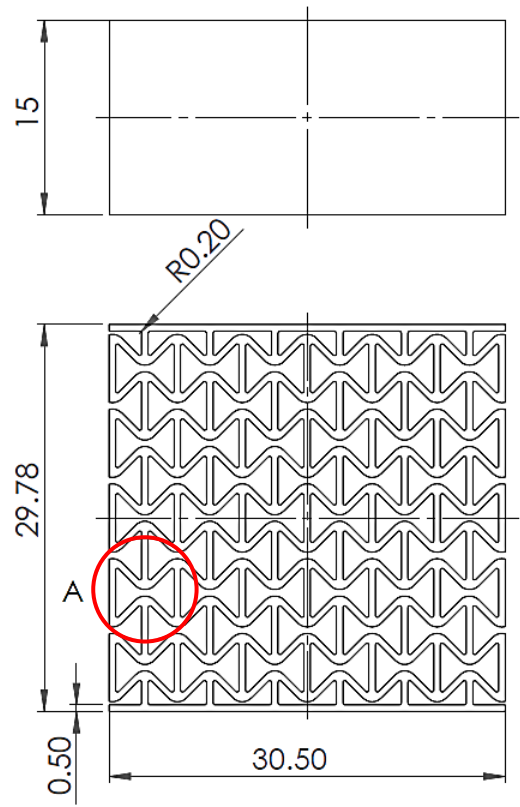
660 Table 1. FFF parameters used for the 3D printing of ABS.

Parameter	Value
Filament diameter [mm]	1.5
Print nozzle diameter [mm]	0.25
Nozzle temperature [°C]	255
Bed temperature [°C]	95
Layer height [mm]	0.2
Line width [mm]	0.3
Print Speed [mm/s]	55

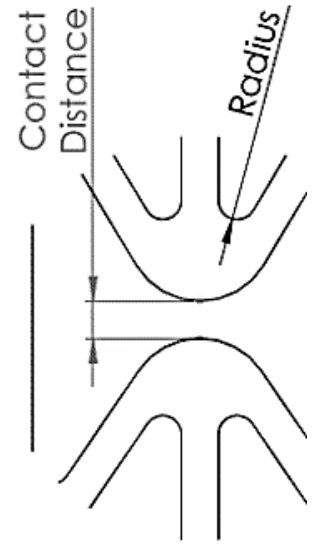
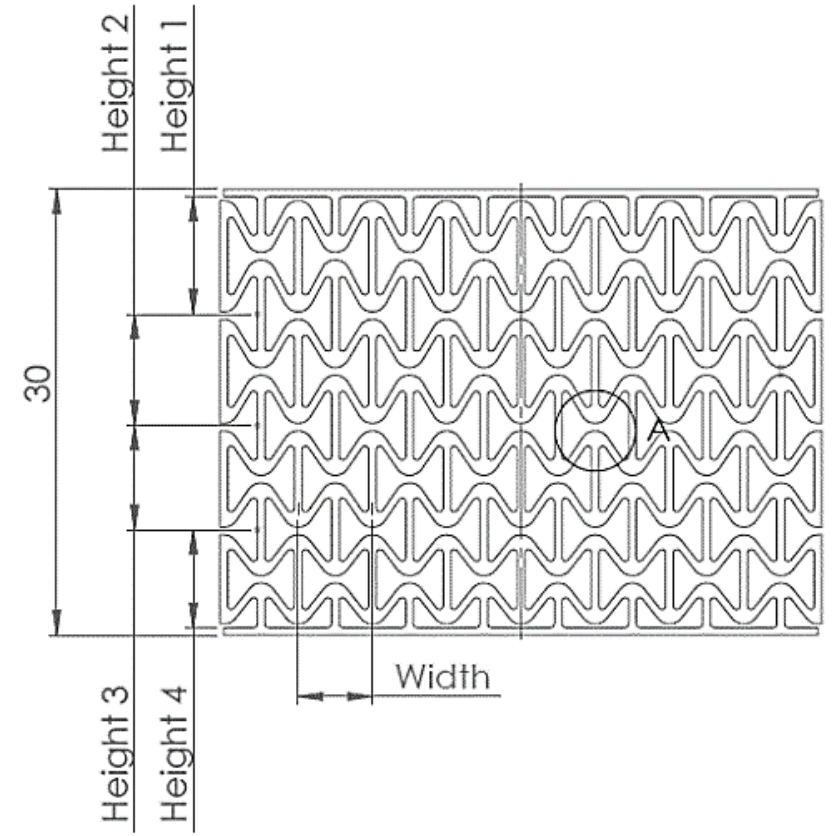
666 Table 2. Comparison of baseline, initial and optimized parameters of the auxetic re-entrant
 667 structure with stiffness gradient.

Parameter	Baseline	Initial	Optimized
Layer height difference x [mm]	0	1.5	1.1
Contact distance y [mm]	0.5	1.915	1.5679

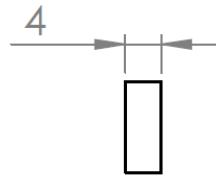
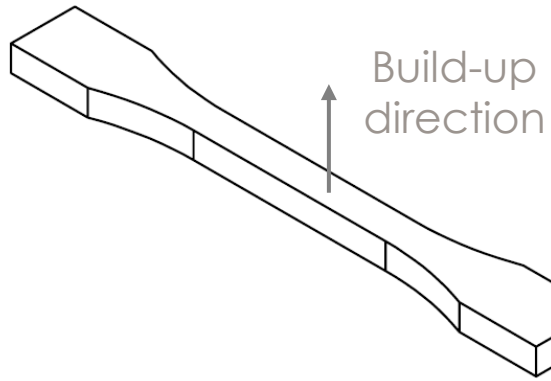
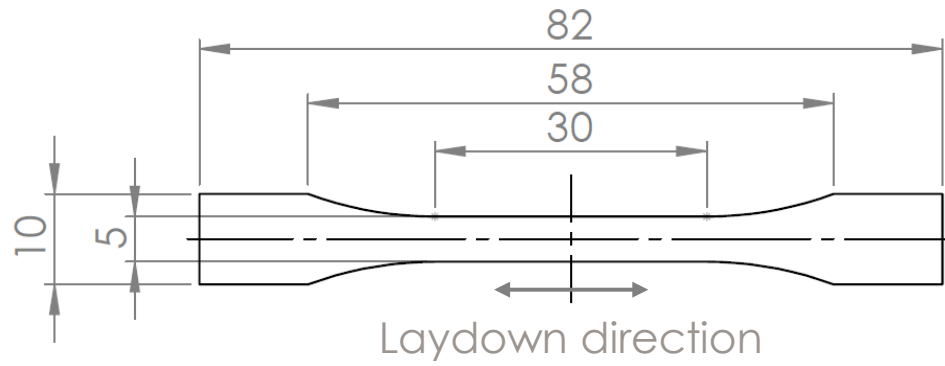
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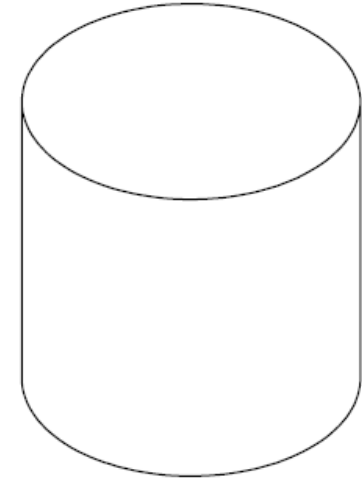
b)



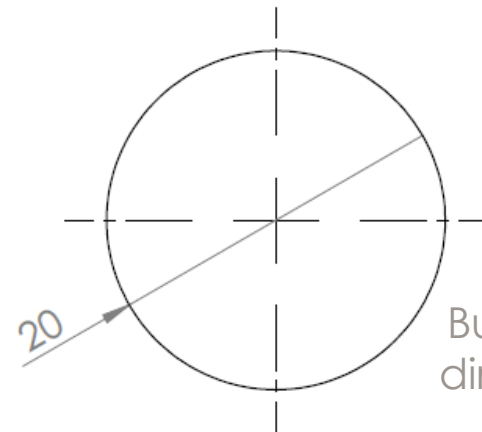
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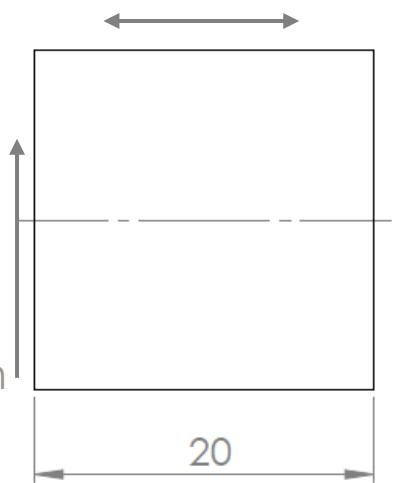
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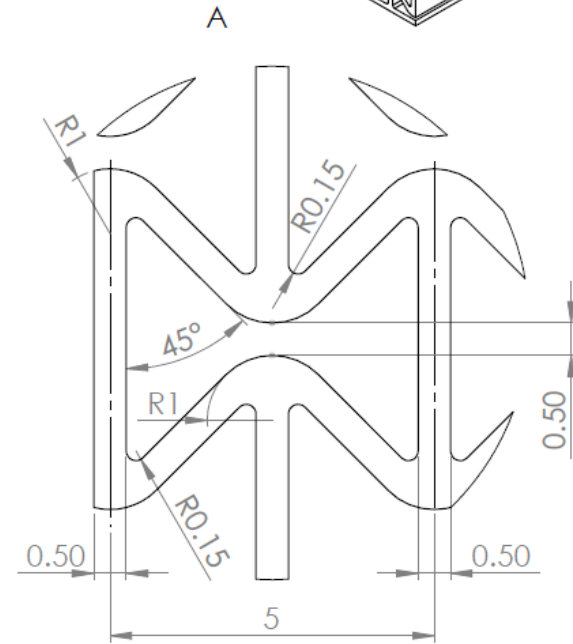
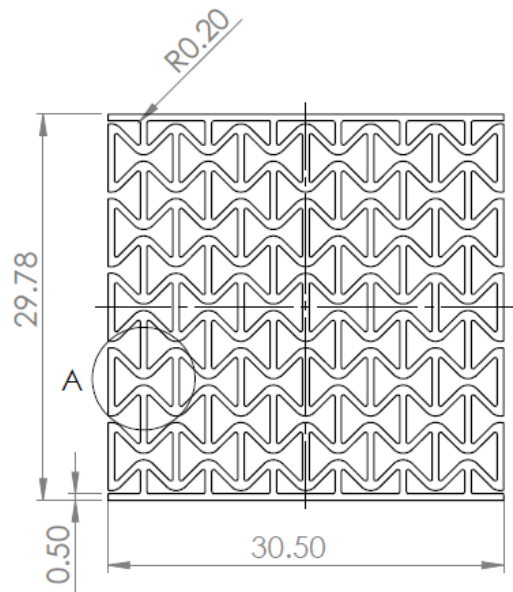
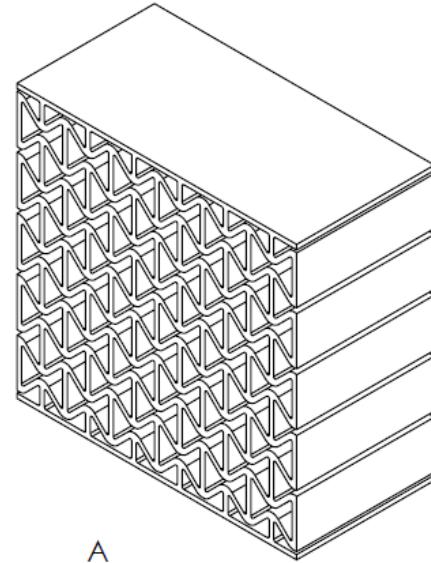
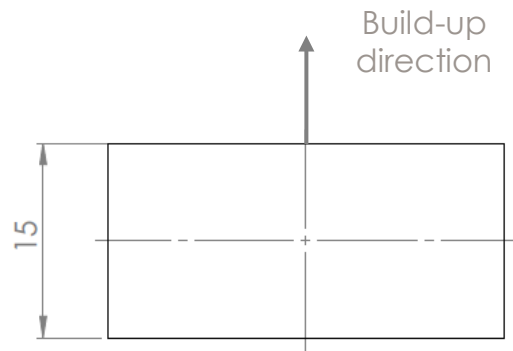
Laydown direction



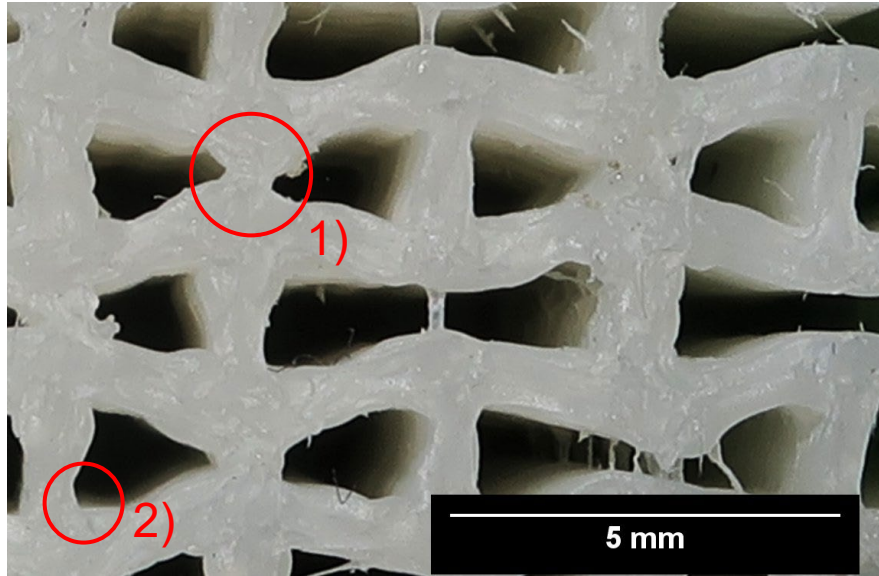
Build-up direction



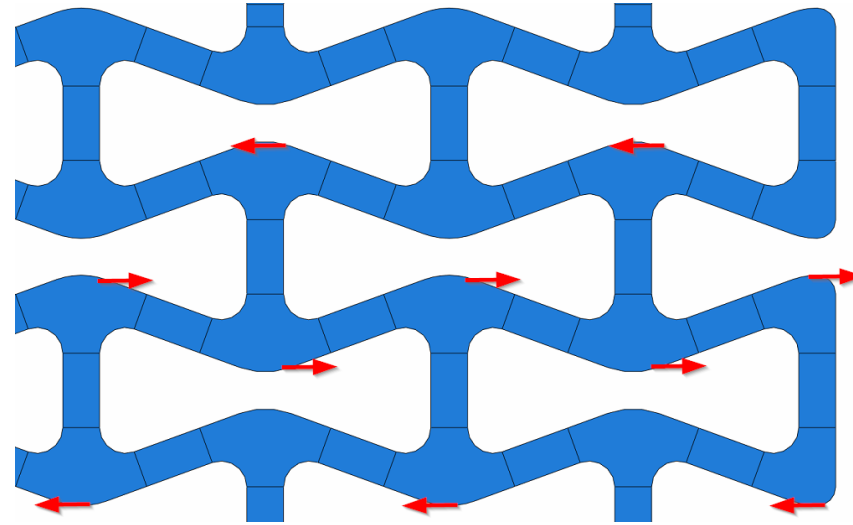
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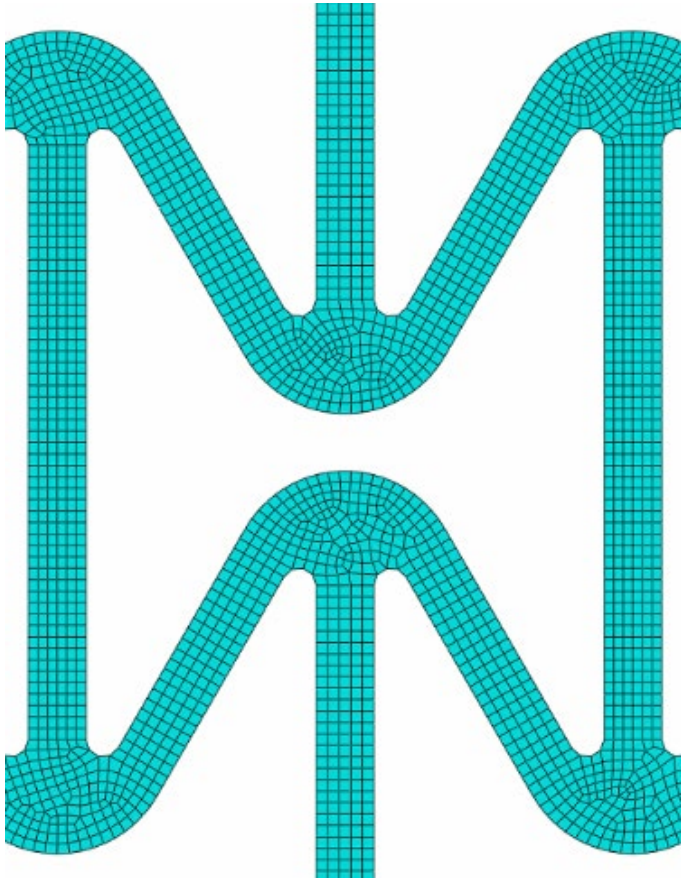
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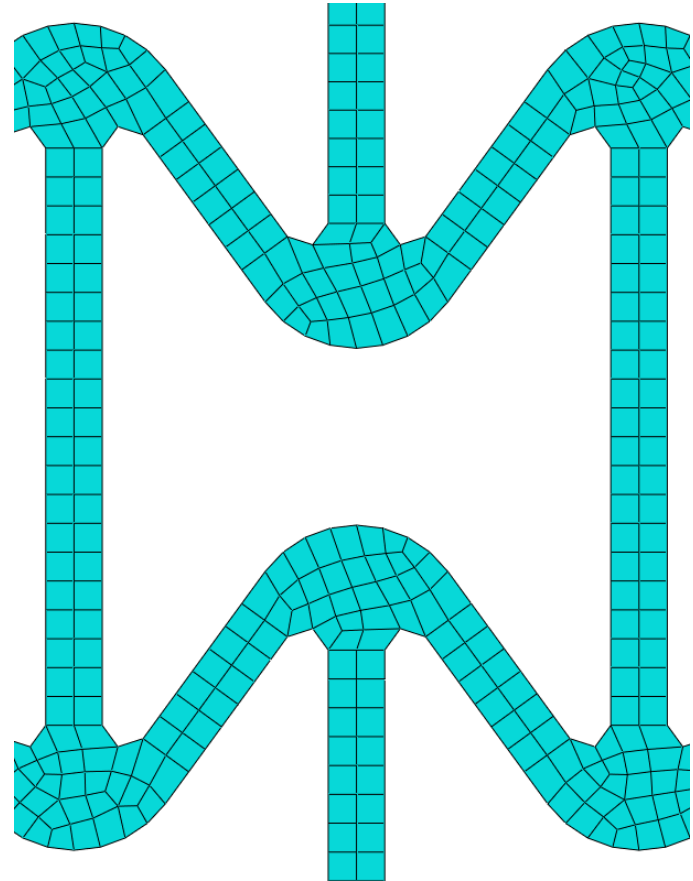
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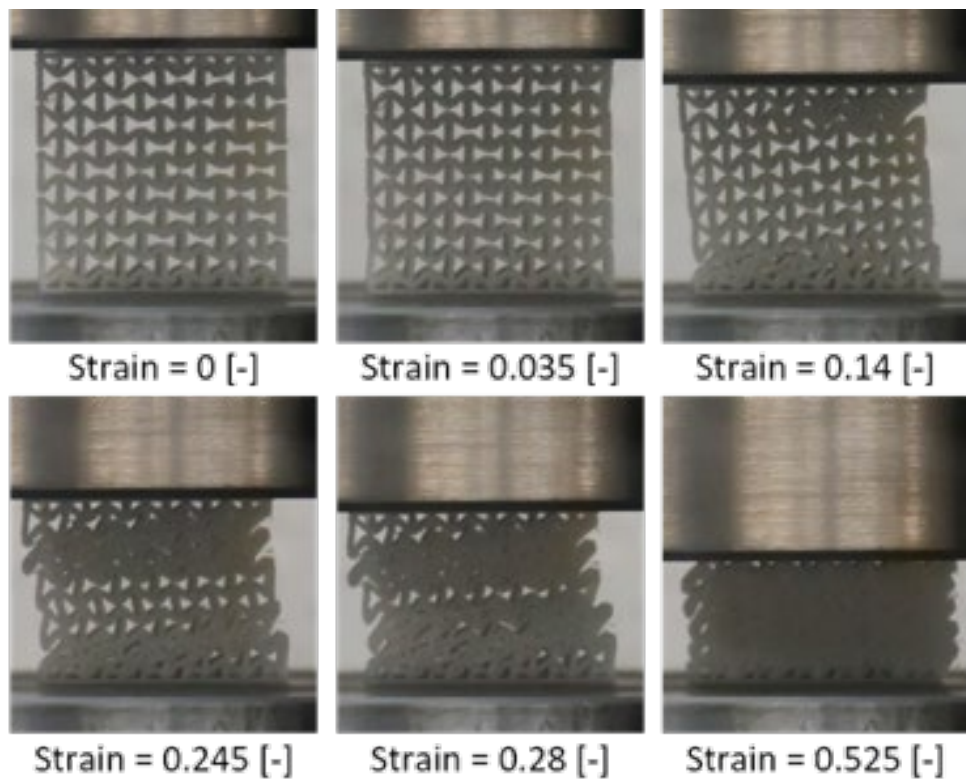
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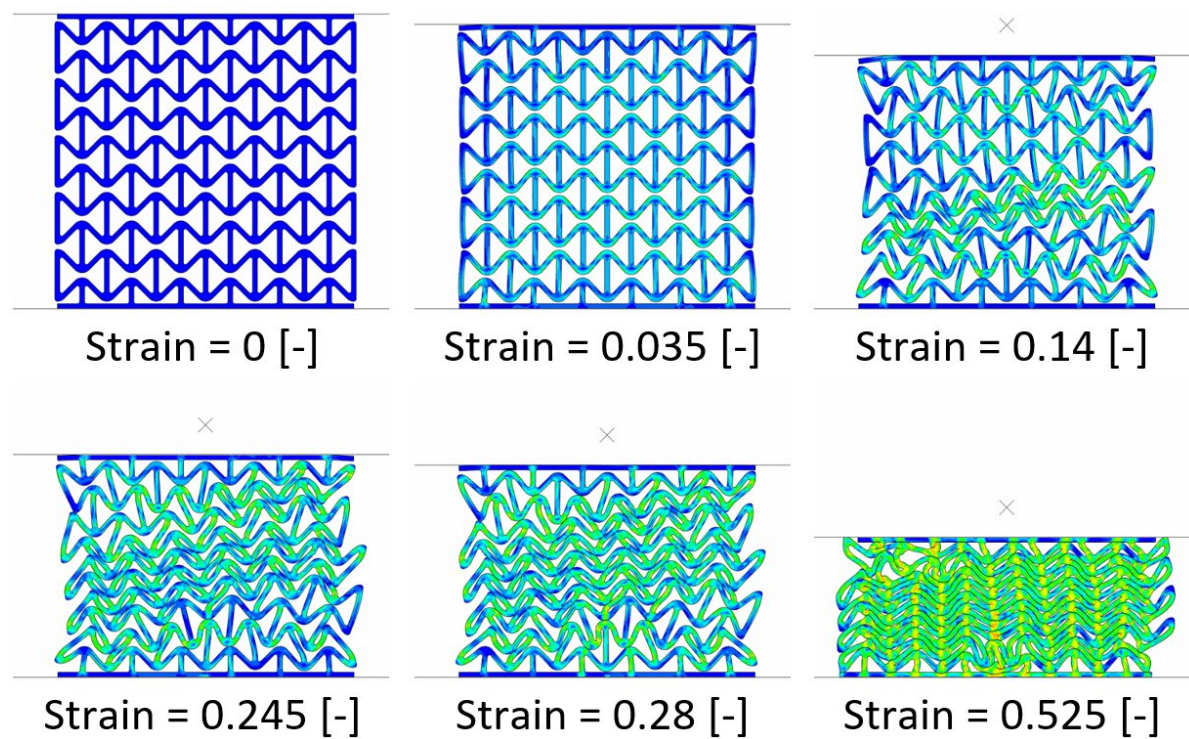
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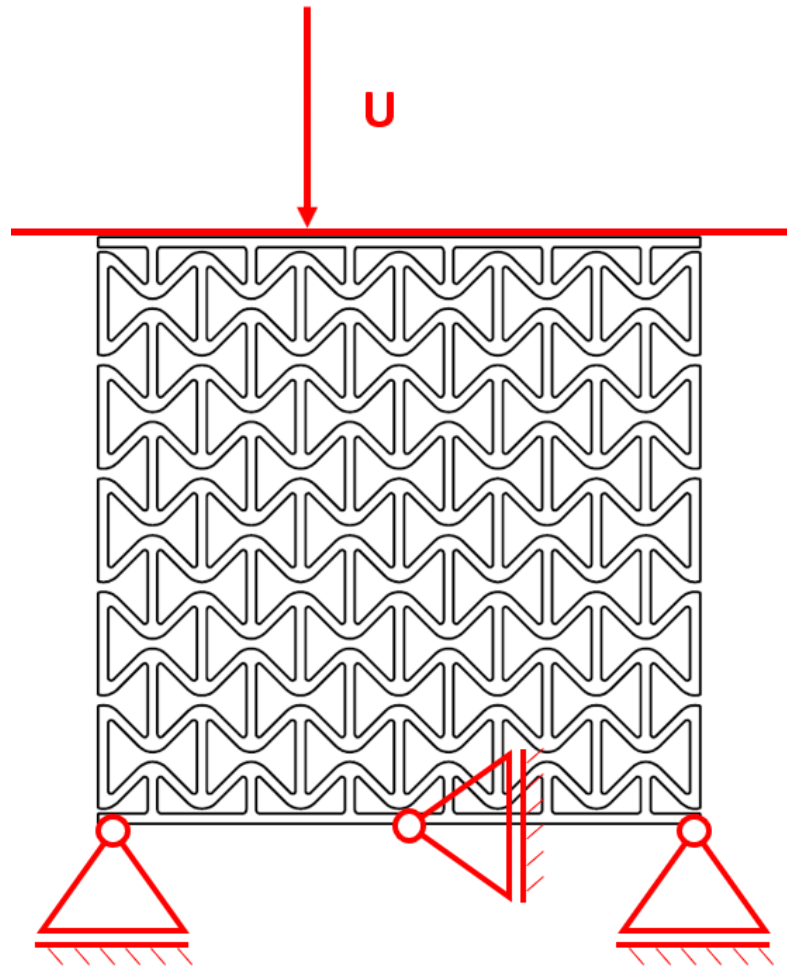
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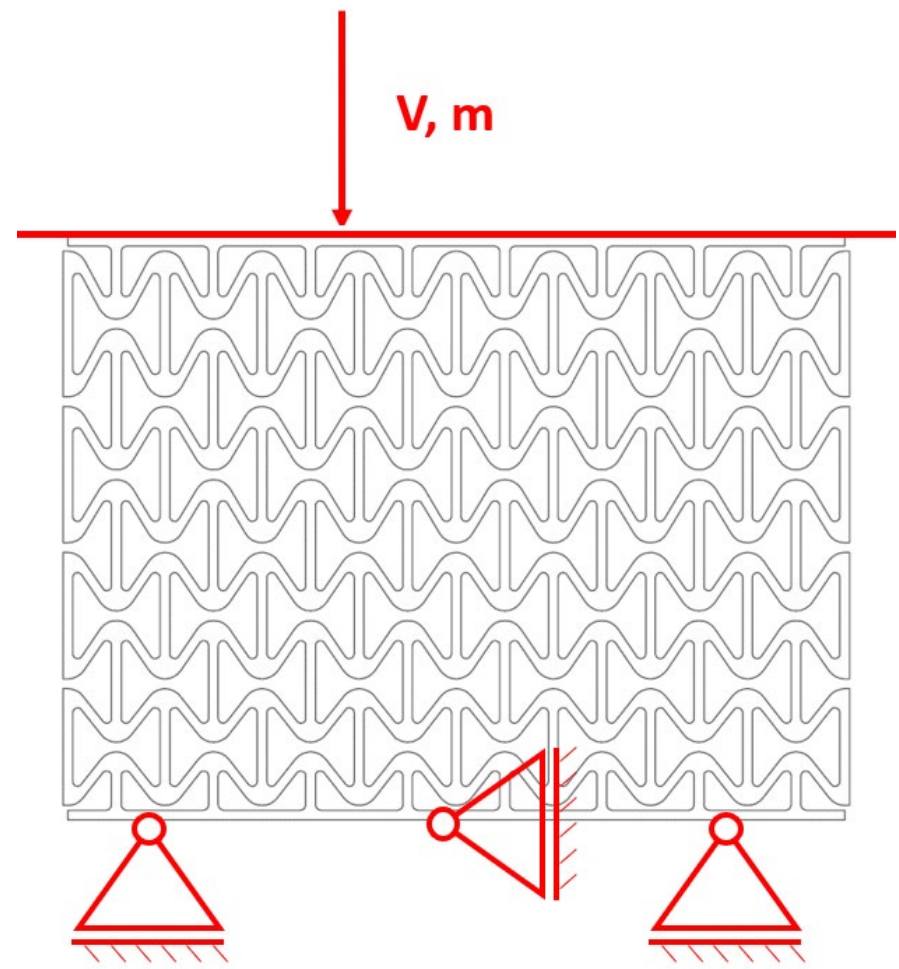
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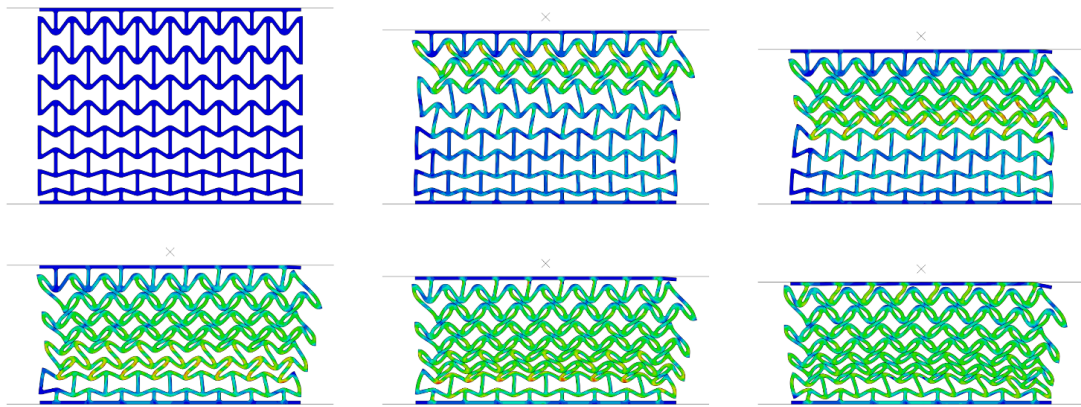
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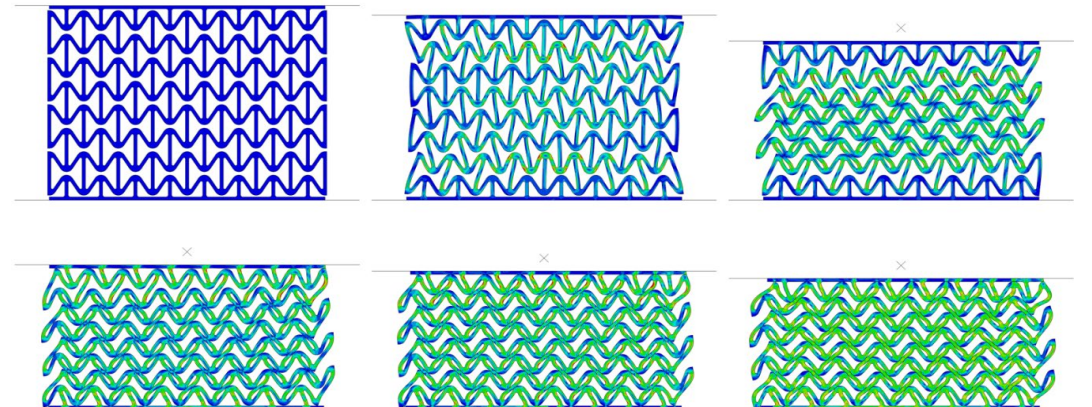
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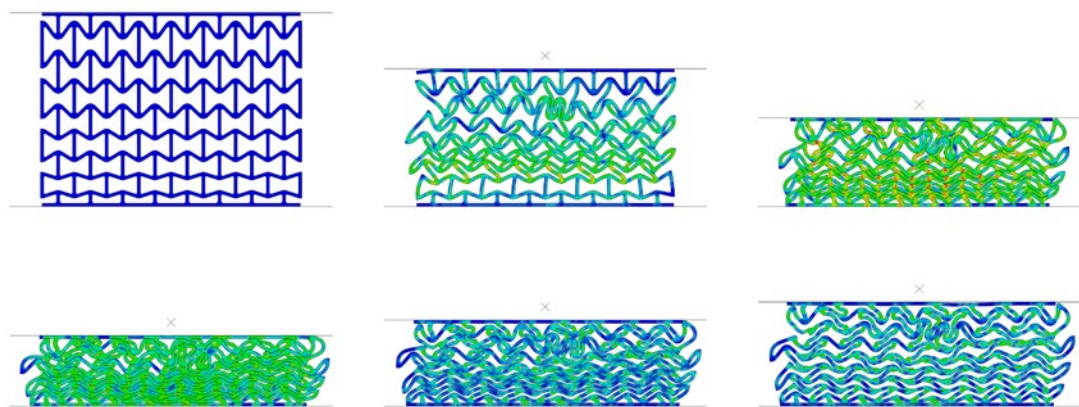
a)



b)



a)



b)

